

Quick fun activities to increase hand strength for pencil grasp:

-Focus on the use of thumb and first two fingers

-use strawberry hullers or tongs to grasp and release small objects

(Silver strawberry hullers The Therapy Shop, kitchen stores, Eau Gallie Flea Market kitchen store)

(Long animal tongs The Therapy Shop and Beachside toys)

(Critter balls/Kush balls, Pocket Full of Therapy, Party City)

(Small rubber animals, Beach Side Toys Indian Harbor Beach)



-Toys with bendable arms and legs, Super Toob (The Therapy Shop, gold in picture)

-Pull on stretch animals large and small (Walgreens, Wal-Mart)

-Play-Dough: presses, (especially cylinder type), cut with knife and Play-Dough scissors

-K'nex, Legos: assemble and disassemble

