

BREAKFAST

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Possible Substitutions:
WG Cocoa Cherry Bar Colby Jack Cheese Stick Apple Juice Fresh Orange Fat Free or Low-Fat Milk (8 oz)	French Toast Pouch (Credit 2 G/B) Applesauce Cup Craisin Fat Free or Low-Fat Milk (8 oz)	Pop-Tart String Cheese Fresh Apple Orange Juice Fat Free or Low-Fat Milk (8 oz)	Chocolate Chip Muffin Top Colby Jack Cheese Stick Peach Cup Apple Juice Fat Free or Low-Fat Milk (8 oz)	Cereal String Cheese Fresh Apple Craisins Fat Free or Low-Fat Milk (8 oz)	Waffle, or Pancake Pouch (Credit 2 G/B) Orange Juice Craisins Fat Free or Low-Fat Milk (8 oz) Ultra Cinnamon Bun (IP) (Credit 2 G/B) Applesauce Cup Craisins Fat Free or Low-Fat Milk (8 oz)

LUNCH

----- heat at home----- Corn Dog Nuggets ½ cut Crinkle Fries 1 cup Garden Side Salad Pear Cup Fat Free or Low-Fat Milk (8 oz)	PBJ Uncrustable w/String Cheese & Baked Cheez-it or Goldfish Crackers ½ cup Fresh Carrot Sticks 3 oz Hummus Fresh Apple Fat Free or Low-Fat Milk (8 oz)	----- heat at home----- Chicken Mega Minis ½ cup Potato Tots ½ cup Green Beans Fresh Orange Fat Free or Low-Fat Milk (8 oz)	Ham & Cheese on Bun ½ cup Fresh Carrot Sticks 3 oz Hummus Applesauce Cup Fat Free or Low-Fat Milk (8 oz)	----- heat at home----- Chicken Sandwich ½ cup Potato Smiles ½ cup Carrot Sticks Peach Cup Fat Free or Low-Fat Milk (8 oz)	Turkey & Cheese on Bun NOTE: May substitute croissant, pretzel bun, or sub roll for hamburger bun Cheeseburger Corn Dog Hot Dog on Bun BBQ Rib Sandwich 5" Pizza Round* (if available) *can serve Monday, Tuesday, or Thursday
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