

The Ambassador

Freedom 7 Elementary School of International Studies An International Baccalaureate World School

Dorine Zimmerman Principal

December 7, 2018

Lucy Haddock, Ed.D. Assistant Principal





December 11

Holiday Show; Grades 4—6, 5:00

December 14



Principal's Message



Early Release - 2:15

<u>December 18</u> SAC Meeting; 4:30

<u>December 19-21</u> Early Release - 2:15

Students Return

January 11

January 10

Early Release; 2:15

January 15 SAC Meeting; 4:30

January 18

Early Release - 2:15

January 21 No School; Martin

Luther King Day

January 25
Early Release; 2:15



Thank you to all the volunteers who contributed to our teacher appreciation luncheon this week. It was delicious and appreciated.

The benefit to raise funds for our fourth-grade student, August, was a huge success. Thank you to the many people who planned and worked this event, and to those that supported it through their generous contributions. We all look forward to the day she returns to Freedom 7 well again.

Today's surprise retirement celebration honoring me, at the APT Holiday Breakfast then at the afternoon assembly was unexpected, very touching and much appreciated. Kindergarteners sang me a retirement song of ood was abundant, and the cake was over the top. Thank you to those that planned this surprise for me. It makes leaving Freedom 7 even more bittersweet than it already is. I will miss all of you, especially, your precious children. It has been such a privilege and honor to serve as principal here for all these years. It has been one of my most fulfilling, rewarding and humbling experiences of my life. While I turn away from you, I look forward to spending quality time with my grandchildren, who are growing as quickly as your children are. Time really can slip away. I'm on to the next adventure, but will remember my days at Freedom 7 fondly, along with so many of you that I have enjoyed getting to know and work with closely achieving so much together. You have been a blessing to me and our school.

I am looking forward to the holiday show on Tuesday, Dec 11th from 5:00-6:00 for 4th -6th graders. Please drop the students in the CFI at 4:45. Holiday attire for students performing would be appropriate. Mrs. Lott will visit again for that show and visit with you afterwards, if you like. I know she is looking forward to joining our school community.

Have a wonderful weekend.

Warm Regards,

Mrs. Zimmerman





Freedom 7 Elementary School of International Studies 400 Fourth Street South, Cocoa Beach, Florida 32931 Telephone: 321-868-6610 Fax: 321-868-6615 http://freedom.es.brevardschools.org

HOUR OF CODE



This week students participated in "The Hour of Code." It is a worldwide event that is aimed to encourage all students to try their hand at computer science and programming. Here are some fun links if your child is interested.

Grinch Hour of Code- http://www.grinchhourofcode.com
Code.org-https://code.org/dance
Tynker-https://www.tynker.com/hour-of-code

We Need You!

Calling All Freedom 7 Families!

Sixth grade students are in need of mentors for their Exhibition projects! We are studying the Sustainable Development Goals that were created by the United Nations. Are you an expert in any of the following areas?

- Poverty
- Hunger
- Education
- Equality
- Environment
- Health
- Energy
- Climate
- Infrastructure
- Economy



Even if you aren't an expert, we can use your help guiding the students in their inquiry!



If you are interested, please fill out <u>this form</u> and attend our training meeting on December 18th, 2018 at 2:45-3:30.

If you can't commit to being a mentor, but you are available to be a <u>GUEST SPEAKER</u> on one of the topics above, please fill out <u>this form.</u>

Safe Routes to School Parent Survey



The Space Coast Transportation Planning Organization needs your help to make students' routes to school safer. Safe Routes to School programs aim to make it safer for students to walk and bike to school and encourage more walking and biking where safety is not a barrier. Not only does walking and biking to school limit traffic congestion, but studies also show that the exercise experienced by walking or bicycling to school helps students perform better on their school work.

We would like to hear your thoughts on walking and bicycling to school.

Please take 5-10 minutes to complete the Safe Routes to School Survey to help us improve your child's route to school. Your input is so extremely valuable!

Safe Routes To School Survey Link: http://www.saferoutesdata.org/surveyformparent.cfm? key=846581







Head Lice Facts

- Head lice are common among all classes of people.
- You can completely control a head lice infestation with manual removal alone. You cannot completely control head lice with head lice shampoos alone. You must combine shampoo treatment with manual removal.

(University of Georgia College of Agricultural and Environmental Sciences http://extension.uga.edu/publications/detail.cfm?number=C851)



 Most cases of head lice are acquired outside of the school.

Head lice cause no medical harm.

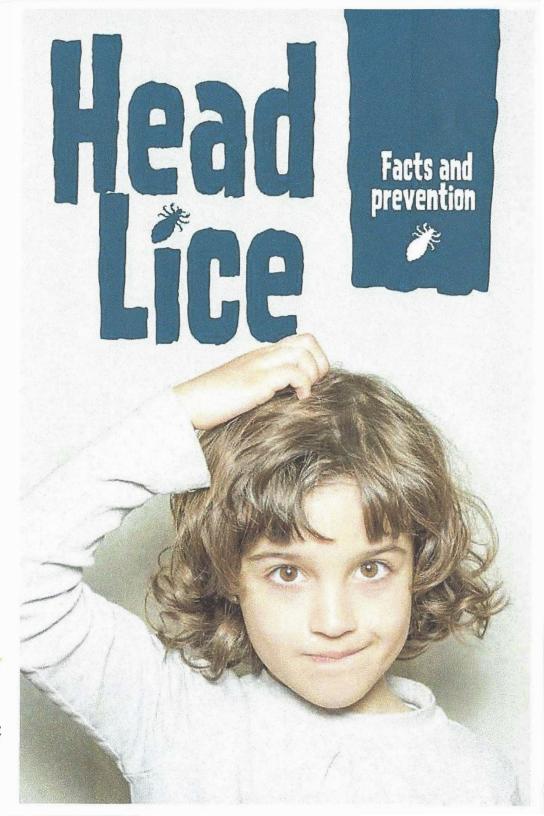
 Head lice are transmitted by head-to-head contact.

> (University of Georgia College of Agricultural and Environmental Sciences http://extension.uga.edu/publications/ detail.cfm?number=C851)

2700 Judge Fran Jamieson Way Viera, FL 32940-6601



Taken with permission from http://www.cdc.gov/parasites/lice/head/prevent.html



Head Lice Prevention and Control Head lice



Head lice are spread most commonly by direct headto-head (hair-to-hair) contact. However, much less frequently they are spread by sharing clothing or belongings onto which lice have crawled or nits attached to shed hairs may have fallen. The risk of getting infested by a louse that has fallen onto a carpet or furniture is very small. Head lice survive less than 1–2 days if they fall off a person and cannot feed; nits cannot hatch and usually die within a week if they are not kept at the same temperature as that found close to the scalp.

The following are steps that can be taken to help prevent and control the spread of head lice:



Avoid head-to-head (hair-to-hair) contact during play and other activities at home, school, and elsewhere (sports activities, playground, slumber parties, camp).

Do not share combs, brushes, or towels. Disinfest combs and brushes used by an infested person by soaking them in hot water (at least 130°F) for 5–10 minutes.



Do not lie on beds, couches, pillows, carpets, or stuffed animals that have recently been in contact with an infested person.

Machine wash and dry clothing, bed linens, and other items that an infested person wore or used during the 2 days before treatment using the hot water (130°F) laundry

cycle and the high heat drying cycle. Clothing and items that are not washable can be dry-cleaned OR sealed in a plastic bag and stored for 2 weeks.





Vacuum the floor and furniture, particularly where the infested person sat or lay. However, spending much time and money on housecleaning activities is not necessary to avoid reinfestation by lice or nits that may have fallen off the head or crawled onto furniture or clothing.

Do not share clothing such as hats, scarves, coats, sports uniforms, hair ribbons, or barrettes.



Do not use fumigant sprays or fogs; they are not necessary to control head lice and can be toxic if inhaled or absorbed through the skin.