



RESOURCES

National Resources

- National Suicide Prevention Lifeline:
1-800-273-TALK (8255) (English) or 1-888-628-9454 (Español)
1-800-799-4889 (TTY for Deaf & Hard of Hearing)
www.suicidepreventionlifeline.org/ or www.crisischat.org
- Crisis Text Line
Text "HOME" To 741741 for free 24/7 crisis support in the U.S. or visit www.crisistextline.org/
- National Alliance for Mental Illness (NAMI) – Family and Caregiver Resources
<https://www.nami.org/Find-Support/Family-Members-and-Caregivers>
- MentalHealth.gov
<https://www.mentalhealth.gov/talk/parents-caregivers>

Local Resources

- Mobile Response Team by C.A.R.E.S.
321-213-0315
- Dial 2-1-1
www.211brevard.org



