

## **Crisis Helplines/Text Lines/Online Chat Lines**

### **Suicide Prevention**

National Suicide Prevention Lifeline: 1-800-273-TALK (8255)

[suicidepreventionlifeline.org](http://suicidepreventionlifeline.org)

Crisis Text Line: Text HOME to 741741

[crisistextline.org](http://crisistextline.org)

IMAlive: online chat service at [imalive.org](http://imalive.org)

### **Child Abuse**

Florida Child Abuse Hotline: 1-800-96-ABUSE (22873)

Childhelp National Child Abuse Hotline: 1-800-4-A-Child (422-4453).

Also text and online chat line.

[childhelp.org](http://childhelp.org)

### **Domestic Violence**

Florida Domestic Violence Hotline: 1-800-500-1119

[fcadv.org](http://fcadv.org)

Harbor House of Central Florida: 407-886-2856

[harborhousefl.com](http://harborhousefl.com)

SafeHouse of Seminole: 407-330-3933

[safehouseofseminole.org](http://safehouseofseminole.org)

Help Now (Osceola County): 407-874-8562

[helpnowshelter.org](http://helpnowshelter.org)

National Domestic Violence Hotline: 1-800-799-7233 or text LOVEIS to 22522

[thehotline.org](http://thehotline.org)

### **Human Trafficking**

National Human Trafficking Resource Center: 1-888-373-7888

or Text HELP or INFO to 233733

[humantraffickinghotline.org](http://humantraffickinghotline.org)

United Abolitionists: 1-833-9-STOP-HT (786748)

[unitedabolitionists.com](http://unitedabolitionists.com)

### **Eating Disorders**

The Alliance for Eating Disorders Awareness: 866-662-1235

[findedhelp.com](http://findedhelp.com)

National Eating Disorders Awareness (NEDA): 1-800-931-2237

or online chat line  
[nationaleatingdisorders.org](http://nationaleatingdisorders.org)

## **Gambling**

Florida Council on Compulsive Gambling: 888-ADMIT-IT (236-4848)  
[gamblinghelp.org](http://gamblinghelp.org)

## **HIV/AIDS/STD**

Florida HIV/AIDS Hotline:

English: 1-800-352-AIDS (2437)

Spanish: 1-800-545-7432

Haitian Creole: 1-800-243-7101

National AIDS Hotline:

English: 1-800-342-2437

Spanish: 1-800-344-7432

CDC National STD Hotline: 1-800-232-4636

## **LGBTQ+**

Lesbian, Gay, Bisexual and Transgender (LGBT) National Hotline: 1-888-843-4564.

Also online chat line

[glbthotline.org](http://glbthotline.org)

Fenway Health: 1-888-340-4528 (25+)

1-800-399-PEER (7337) (25 & under)

Trans Lifeline: 1-877-565-8860

[translifeline.org](http://translifeline.org)

## **Local Mental Health**

Orange, Osceola, Seminole & Brevard County: 211

Orlando (Lifeline of Central Florida): 407-425-2624

Maitland: 407-740-7477

Lake County: 352-483-2800

## **National Mental Health**

National Alliance on Mental Illness (NAMI): 1-800-950-NAMI (6264)

Panic Disorder Information Hotline: 1-800-64-PANIC (72642)

## **Natural Disasters**

FEMA: 1-800-621-3362

[disasterassistance.gov](http://disasterassistance.gov)

Florida Division of Emergency Management: 850-815-4000

Distress Helpline: 1-800-985-5990 or text "TALKWITHUS" to 66746

## **Sexual Assault**

Victim Service Center of Central Florida: 407-500-HEAL (4235)

National Sexual Assault Hotline: 1-800-656-HOPE (4673)

[rainn.org](http://rainn.org)

## **Substance Abuse**

Substance Abuse and Mental Health Services Administration (SAMHSA) National Helpline: 1-800-662-HELP (4357)

National Council on Alcoholism and Drug Dependence (NCADD):

1-800-NCA-CALL (622-2255)

The Partnership at Drugfree.org: 1-855-DRUG-FREE (378-4373)

National Drug Helpline: 1-844-289-0879

## **Teens**

Teen Line: 1-800-TLC-TEEN (1-800-852-8336) or text TEEN to 839863

[teenlineonline.org](http://teenlineonline.org)

National Teen Dating Violence Hotline: 1-866-331-9474 or text LOVEIS to 22522

[loveisrespect.org](http://loveisrespect.org)

National Runaway Switchboard: 1-800-RUNAWAY (786-2929)

[1800RUNAWAY.org](http://1800RUNAWAY.org)

Fenway Health: 1-800-399-PEER (7337) (25 & under)

LGBT National Youth Talkline: 1-800-246-PRIDE (7743).

Also online chat line

[glbthotline.org](http://glbthotline.org)

The Trevor Project (For youth): 1-866-488-7386 or text START to 678678.

Also online chat line

[thetrevorproject.org](http://thetrevorproject.org)