



October 4th, 2018

SUCCESS IN SCHOOL

- Academic
- Social
- Emotional
- Confidence
- Attitude



Make and Take Activities

SEND YOUR CHILD READY TO LEARN

- **Good Breakfast**

“ A nutritious breakfast fuels up kids and gets them ready for the day. In general, kids who eat breakfast have more energy and do better in school.”

- **Sleep**

“ Lack of sleep can cause irritability or hyperactive behavior and might make it hard for kids to pay attention in class. It’s important to have a consistent bedtime routine, especially on school nights.”

- **Teach organizational skills**

Setting a Routine Station



TEACH STUDY SKILLS/ HOMEWORK

- Routine- what works for your child
- Remove electronics
- Quiet place
- How to break up big projects into manageable chunks
- Not waiting until the last minute/ night before/ morning of.....



Make a Study Station

MAKE TIME TO TALK ABOUT SCHOOL

- Talking about school lets kids know you care about school
- Model conversation skills-
 - Listen to your child
 - Make eye contact
 - Avoid multitasking
 - Ask beyond yes or no questions
- In the car, walking the dog, meal times, grocery



**Practice Social Skills at
The Social Skills Station
Let's Talk about it Station**

FAMILY TIME

- Build confidence
- Time to talk
- Enjoy each other



Make a Family Date Night Jar

BUILD A LOVE OF READING

READING MATTERS
SMART
START MAKING A READER TODAY

Reading is the most important subject in school. A child needs reading in order to master most of the other subjects.

Research shows that just 20 minutes a day spent reading with a child helps him/her develop critical reading skills.

WHY IS READING AT HOME SO IMPORTANT?

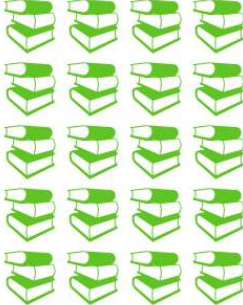


A child spends 900 hours a year in school and 7,800 hours at home.

Across the world, the children who read the most, read the best.

About half of illiterate adults live in poverty. They are less likely to find employment than their more literate counterparts.

www.getSMARToregon.org

BUILD A LOVE OF READING

WHY READ 20 MINUTES AT HOME?		
Student A Reads	Student B Reads	Student C Reads
❖ 20 minutes per day.	❖ 5 minutes per day.	❖ 1 minute per day
❖ 3,600 minutes per school year.	❖ 900 minutes per school year.	❖ 180 minutes per school year.
❖ 1,800,000 words per year.	❖ 282,000 words per year.	❖ 8,000 words per year.
		
❖ Scores in the 90 th percentile on standardized tests.	❖ Scores in the 50 th percentile on standardized tests.	❖ Scores in the 10 th percentile on standardized tests.
<p>If they start reading for 20 minutes per night in Kindergarten, by the end of 6th grade, Student A will have read for the equivalent of 60 school days, Student B will have read for 12 school days, and Student C will have read for 3.</p> <p><small>(Nagy and Herman, 1987.)</small></p>		
<p>WANT TO BE A BETTER READER? SIMPLY READ.</p>		

BUILD A LOVE OF READING

- Time to read everyday
- 20 minutes a day



Get a Book and make a book mark
Reading Station



Door Prizes at
6:50

